

Yogi Froggies



By YogiOri

Transforming Young Minds through Yoga!

Are you looking for a fun and effective way to promote physical fitness, mindfulness, and emotional well-being among your school or daycare children? Look no further than Yogi Froggies - a unique yoga program designed for young minds!

Why Choose Yogi Froggies?



Physical Fitness

Age-appropriate poses and playful activities for strength, flexibility, and coordination development.



Mindfulness

Simple breathing exercises and relaxation techniques to calm minds and improve concentration and focus.



Social Development

Partner poses and group activities fostering teamwork, cooperation, empathy and emotional development.



Explore Creativity

Storytelling and themed yoga sessions stimulating creativity, imagination, and emotional growth.



Fun & Engaging

Colorful props, books, music, activities and interactive games create a joyful learning environment.

Empower Young Minds

Don't miss the chance to introduce Yogi Froggies to your students!

**Contact us now and let's empower young minds
for a lifetime of health, happiness, and holistic well-being.**

Phone: 818.421.0031 | Email: yogifroggies123@gmail.com

www.yogiori.com